

Morning Prayer 01.03.26

"I wait for the Lord, my whole being waits, and in his word I put my hope." *Psalms 130:5*

Opening Sentences

O Lord open our lips **and our mouth shall proclaim your praise.**

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Pause for reflection as you offer the day to God.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Song – In Christ Alone

In Christ alone my hope is found
He is my light my strength my song
This Cornerstone this solid Ground
Firm through the fiercest drought and storm
What heights of love what depths of peace
When fears are stilled when strivings cease
My Comforter my All in All
Here in the love of Christ I stand

In Christ alone who took on flesh
Fullness of God in helpless babe
This gift of love and righteousness
Scorned by the ones He came to save
Till on that cross as Jesus died
The wrath of God was satisfied
For every sin on Him was laid
Here in the death of Christ I live

There in the ground His body lay
Light of the world by darkness slain
Then bursting forth in glorious Day
Up from the grave He rose again
And as He stands in victory
Sin's curse has lost its grip on me
For I am His and He is mine
Bought with the precious blood of Christ

No guilt in life no fear in death
This is the power of Christ in me
From life's first cry to final breath
Jesus commands my destiny
No power of hell no scheme of man
Can ever pluck me from His hand
Till He returns or calls me home
Here in the power of Christ I'll stand

Bible readings

Psalm 121

- ¹ I lift up my eyes to the hills—
from where will my help come?
- ² My help comes from the Lord,
who made heaven and earth.
- ³ He will not let your foot be moved;
he who keeps you will not slumber.
- ⁴ He who keeps Israel
will neither slumber nor sleep.
- ⁵ The Lord is your keeper;
the Lord is your shade at your right hand.
- ⁶ The sun shall not strike you by day,
nor the moon by night.
- ⁷ The Lord will keep you from all evil;
he will keep your life.

⁸ The Lord will keep
your going out and your coming in
from this time on and for evermore.

**Glory to the Father, and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Matthew 4: 1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written,

"One does not live by bread alone,
but by every word that comes from the mouth of God."

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written,

"He will command his angels concerning you",
and "On their hands they will bear you up,
so that you will not dash your foot against a stone."

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God,
and serve only him."

Then the devil left him, and suddenly angels came and waited on him.

This is the word of the Lord
Thanks be to God

Talk

Prayers

In our prayers we will pray for the world, the church, our local community, and for those who are in need.

At the end of each section we say:

Lord in Your mercy
hear our prayer.

And at the end:

**Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen**

Notices

Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life.

Amen.

Let us bless the Lord.

Thanks be to God.

Online Giving

Everything we do in mission and ministry is made possible by the generous support of our church family. We encourage everyone who is a regular member of St Marys to join our planned giving scheme (standing order) as this helps us to plan and budget.

You can now make donations online as a one off or regular gifts, and every penny goes back into enabling our mission and ministry.

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